

Reproductive Health Education (RH Ed) is an educational newsletter from the Health Advocates at Finger Lakes Community Health. This newsletter covers all reproductive health topics, in addition to related services offered at our health centers.



According to the CDC, in 2017, a total of 194,377 babies were born to women aged 15–19 years for a birth rate of 18.8 per 1,000 women in this age group. This is another record low for U.S. teens and a drop of 7% from 2016. Still, the U.S. teen pregnancy rate is substantially higher than in other western industrialized nations. Teen pregnancy can drastically affect academic success in teens. According to The Urban Institute, pregnancy and birth are significant contributors to high school dropout rates among girls. Only about 50% of teen mothers receive a high school diploma by 22 years of age, whereas approximately 90% of women who do not give birth during adolescence graduate from high school. In addition, the children of teenage mothers are more likely to have lower school achievement and to drop out of high school, have more health problems, be incarcerated at some time during adolescence, give birth as a teenager, and face unemployment as a young adult.

Take this time to talk with the teens in your life!
Here are some topics you can cover:

- *What do healthy relationships look like?*
- *What are the risks associated with pregnancy or sexually transmitted infections?*
- *Talk about the responsibility, costs, and drawbacks of raising a child when you aren't ready.*
- *Discuss the use of birth control, condoms, and abstinence.*
- *Discuss health providers such as Finger Lakes Community Health that can assist with reproductive health.*



By Chelsea Snyder

Mark your calendars for FLX Pride Festival happening on Saturday June 8, 2019 from 1-9 pm!

This is a family-friendly festival that is held to celebrate LGBTQ Pride Month, but also increase visibility and awareness in the Finger Lakes. Food trucks, music, vendors, and lots of fun activities are scheduled for the afternoon. It is free to all ages, identities, and families! Last year, 1,500 people attend the 2018 FLX Pride Festival on the shores of Seneca Lake in Geneva. The festival also serves as a fundraiser for Family Counseling Service's LGBTQ Advocacy Program, The LGBTQ Center FLX. This program has several local support groups, including You Are Not Alone (YANA) for youth 10-18 years old that identify as lesbian, gay, bisexual, transgender, queer, are questioning their gender identity and/or sexual orientation, or want to be better allies to the LGBTQ+ community. This peer support group meets in Geneva every Monday and in Newark every Tuesday from 4:30-5:30pm, and participates in dialogue about tough topics while also engaging in fun activities such as board games, art, and more. In addition, there is another support group for those 18 and over who identify as transgender and gender expansive that meets monthly in Geneva on the second Thursday from 5:30-6:30pm. This group is also a great resource for loved ones who have transgender students, children, or spouses.

If you want to learn more, visit fcsfl.org, email lgbtq@fcsfl.org, or leave a voicemail at 315-789-2613 ext 2152.

Locations:

Bath

Community Health

117 E. Steuben St
Bath, NY 14810
(607) 776-3063

Geneva

Community Health

601B Washington St
Geneva, NY 14456
(315) 781-8448

Newark

Community Health

513 W. Union St
Newark, NY 14513
(315) 573-7577

Ovid

Community Health

7150 N. Main Street
Ovid, NY 14521
(607) 403-0065

Penn Yan

Community Health

112 Kimball Ave
Penn Yan, NY 14527
(315) 536-2752

Port Byron

Community Health

60 Main St
Port Byron, NY 13140
(315) 776-9700

Sodus

Community Health

6692 Middle Rd
Suite 2100
Sodus, NY 14551
(315) 483-1199

Administrative Offices

14 Maiden Lane
Penn Yan, NY 14527
(315) 531-9102

INTERNATIONAL DAY AGAINST

HOMOPHOBIA, TRANSPHOBIA, AND BIPHOBIA

May 17th, 2019

The International Day Against Homophobia, Transphobia and Biphobia was created in 2004 to draw attention to the violence and discrimination experienced by lesbian, gay, bisexual, transgender, intersex people and all other people with diverse sexual orientations, gender identities or expressions, and sex characteristics.

According to the CDC:

- 10% of LGB students were threatened or injured with a weapon on school property
- 34% of LGB students were bullied on school property
- 28% of LGB students were bullied electronically

According to the 2011 National Transgender Discrimination Survey, regarding K-12 children

who identified as transgender or gender non-conforming:

- 78 percent reported harassment
- 35 percent reported physical assault
- 12 percent reported sexual violence
- 31 percent of these kids and teens, harassment came at the hands of teachers and school staff

The date of May 17th was specifically chosen to commemorate the World Health Organization's decision in 1990 to declassify homosexuality as a mental disorder. This Day represents a major global annual landmark to draw the attention of decision makers, the media, the public, corporations, opinion leaders, local authorities, etc. to the alarming situation faced by people with diverse sexual orientations, gender identities or expressions, and sex characteristics. <https://may17.org/>

Where Are We (FLCH) This Month?

- **May 2nd:** Ontario County Probation
- **May 2nd:** Contraception Education - Clyde Savannah High School
- **May 6th:** W.A.R.E (Wayne Action For Racial Equality) - Sodus
- **May 7th:** Reproductive Health Ed Table- Finger Lakes Community College, Newark
- **May 8th:** Health & Wellness Fair - Geneva Public Library
- **May 9th:** Canandaigua Academy
- **May 13th:** EPIC Zone - Geneva
- **May 14th:** Ontario County Probation
- **May 16-17th:** Canandaigua Academy
- **May 21st:** IEC Wellness Fair - Newark
- **May 27th:** EPIC Zone - Geneva
- **May 29th:** "Let's Talk" - Clyde Savannah High School
- **May 31st:** Relay For Life - Ontario

**Would you like us to visit your program or school to provide evidence based programming on pregnancy prevention, STI prevention, healthy relationships and more? For more information go to www.LocalCommunityHealth.com or contact us today to schedule a time!*

**Would you like to have the RHEd Newsletter emailed to you each month? If so, contact Olivia at: OliviaC@flchealth.org*



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